



PORTABLE SAUNA KIT USER MANUAL

SH-SR-S / SH-SR-D

Please carefully follow the instructions for safe and correct use.
Keep it in a secure place for future reference.

V1.0

GENERAL INFORMATION

Manual

This user manual provides essential information for assembling and operating the San Hima Portable Sauna Kit ("product"). Read it carefully before use, especially the safety instructions, to prevent injury or damage. Keep the manual for future reference and include it if transferring the product to others.

Proper Use

This product is designed solely as a private, domestic sauna. Commercial use is not permitted. Use only as described in this manual. Any improper use may cause damage or injury. The manufacturer and vendor are not responsible for issues arising from misuse.

SAFETY INFORMATION

WARNING: Children must not use this product without close supervision.

- The enclosure surfaces may be slippery. Use caution when entering or exiting.
- The steam box becomes hot — avoid contact with it and the surrounding steam.
- Limit steam use to 10–15 minutes until familiar with your body's response. Prolonged use can cause hyperthermia (dangerously high body temperature).
- Pregnant or possibly pregnant women should consult a physician before use, as high temperatures may harm the fetus.
- Individuals who are obese, have heart disease, blood pressure issues, circulatory problems, or diabetes should seek medical advice before use.
- Consult a physician before use if taking medication. Some medicines may cause drowsiness or affect heart rate, blood pressure, or circulation.
- Hyperthermia symptoms: body temperature above 37°C (98.6°F), dizziness, drowsiness, lethargy, fainting.
- Hyperthermia effects: impaired heat perception, failure to recognize hazards, inability to exit, unconsciousness, and fetal damage during pregnancy.
- **WARNING:** Alcohol, drugs, or certain medications significantly increase the risk of fatal hyperthermia.

SAVE THESE INSTRUCTIONS

Electrical Safety

- Faulty wiring, excessive voltage, or improper use may cause electric shock.
- All electrical connections must comply with local codes and be performed by qualified professionals.

Usage Precautions

- Connect only to an easily accessible outlet for quick disconnection if needed.
- Do not use near bathtubs, sinks, or water sources.
- Use only as intended.

Handling & Maintenance

- Do not use if the unit, plug, or cord is damaged. Contact San Hima for assistance.
- Do not use with external timers.
- Keep product and cord away from flames, heat, sharp edges, and tripping hazards.
- Do not immerse unit or cord in water.
- Do not touch the plug with wet hands; unplug by gripping the plug, not the cord.
- Never retrieve the unit from water without unplugging first.

Operation

- Always turn off and unplug when not in use, before cleaning, or if a malfunction occurs.
- Never insert objects into the housing.
- Do not move or carry the unit by its cord.

Risk of Injury

- This product is not medical equipment and is not intended for medical use.
- Stop use immediately if you experience discomfort, nausea, or drowsiness.
- Do not open the lid or move the product during operation.
- Wear protective gloves when reconnecting loose pipes during use.
- Fill with water only.
- Allow the unit to fully cool before cleaning or maintenance.
- Not suitable for persons with reduced physical, sensory, or mental capabilities without supervision.
- Children must be supervised at all times.
- Secure the area to prevent unauthorized use.

Battery Safety – Ingestion Hazard

- Keep batteries out of reach of children.
- Seek immediate medical attention if swallowed or inserted.
- Dispose of used batteries immediately and safely; never discard in household trash.
- Even used batteries can be hazardous.
- Do not mix old and new batteries or different types/brands.
- Install batteries with correct polarity (+/-).
- Remove batteries if unused for a long period.
- Do not disassemble, heat, or incinerate batteries.

Risk of Damage

- Maintain a minimum clearance of 2 ft (60 cm) around the product for proper ventilation.
- Place on a stable, dry, heatresistant surface—never on edges.
- Do not modify the product or install it in a recessed area.
- Do not place heavy objects or magnetic items on top.
- Avoid heat buildup; keep away from walls, cupboards, or hot surfaces.
- Do not climb, sit, or stand on the product.
- Keep power cord away from hot surfaces; avoid crushing, bending, or running under rugs.
- Do not expose to extreme heat, rain, or outdoor conditions.
- Do not immerse the product in water or use a steam cleaner.
- Discontinue use if parts are cracked, deformed, or broken—replace only with original parts.

PRODUCT CONTENTS

SH-SR-S	SH-SR-D
1 PC(s) San Hima Portable Sauna Kit	1 PC(s) San Hima 2-person Portable Sauna Kit
1 PC(s) Foldable Chair	1 PC(s) Foldable Chairs
1 PC(s) Absorbent Mat	
1 PC(s) LED Strip Light Kit	
12 PC(s) Tube A	
12 PC(s) Tube E	8 PC(s) Tube H
6 PC(s) Two-way Joints	8 PC(s) Two-way Joints
12 PC(s) Three-way Joints	8 PC(s) Three-way Joints
1 PC(s) Steam Generator	2 PC(s) Steam Generators
1 PC(s) Steam Box	2 PC(s) Steam Boxes
1 PC(s) Steam Pipe	2 PC(s) Steam Pipes
1 PC(s) Lid	2 PC(s) Lids
1 PC(s) Remote Control	2 PC(s) Remote Controls
1 PC(s) User Manual	

BEFORE YOU BEGIN

Unpacking

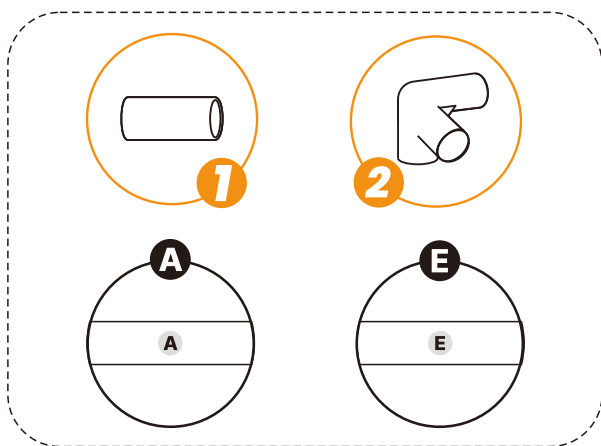
- Do not open packaging with sharp objects.
- Unpack the product at the intended setup location.
- Remove all parts and place them on a flat surface.
- Verify all parts are included (see “Product Contents”).
- Inspect for damage. Do not use if damaged—contact San Hima customer center.

Choosing the Setup Location

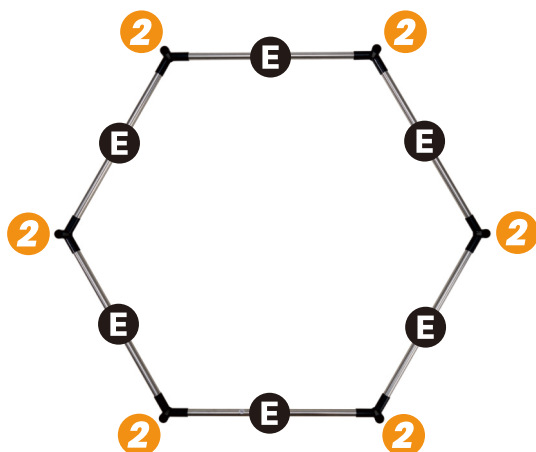
- Install on a flat, stable surface with good ventilation and near a power source.

ASSEMBLY

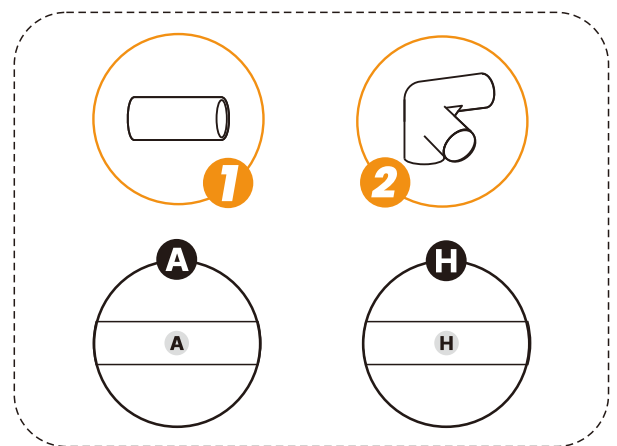
SH-SR-S:



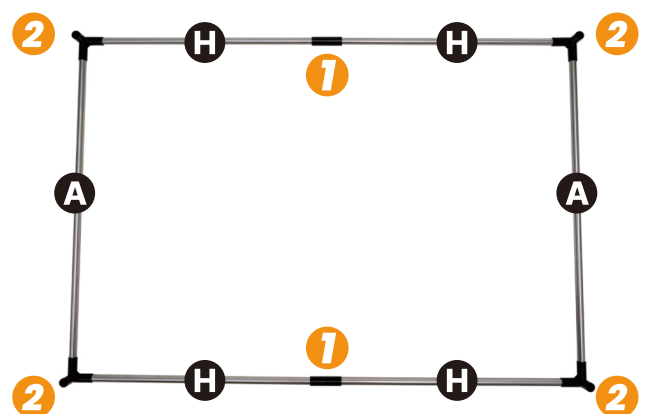
Step 1: Assemble the top and bottom frames. Start by connecting six tube E using three-way joints. Ensure the protruding points of the joints face outward.



SH-SR-D:

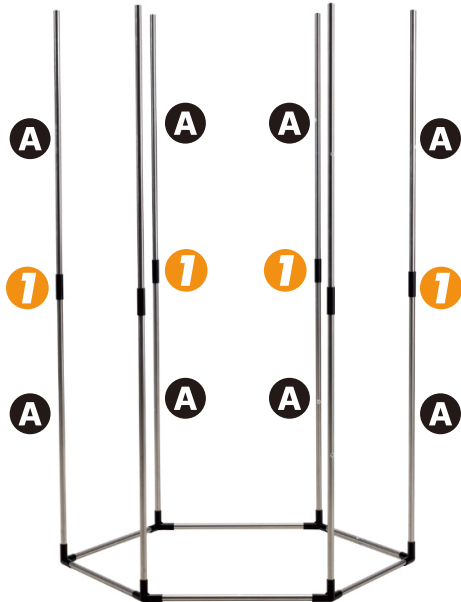


Step 1: Start by connecting two tube A and four tube H using three-way joints and two-way joints. Ensure the protruding points of the joints face outward.



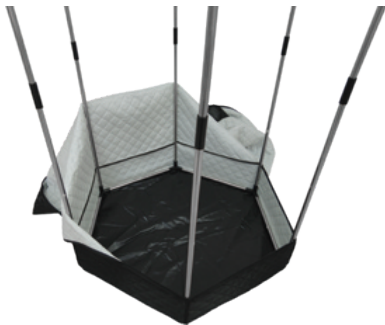
Step 2: Assemble the side frame

Attach twelve tube A and six two-way joints to the frame, but do not secure the top frame now.



Step 3:

Unzip the sauna cover, position the frame at the bottom, then secure the top frame and pull the cover over the top.



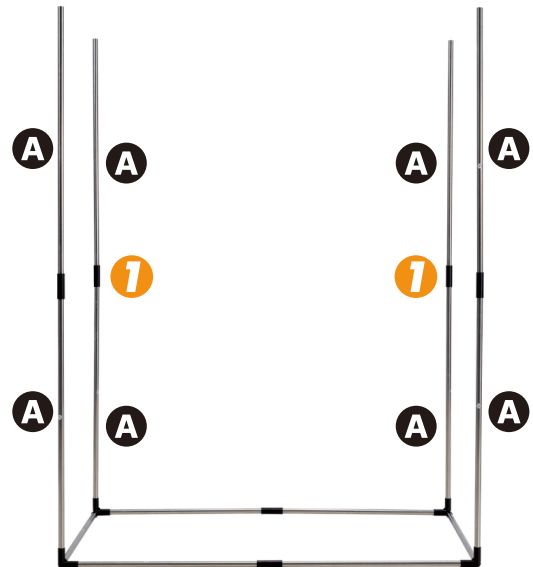
Step 4:

Sauna cover is now in place.



Step 2: Assemble the side frame

Attach eight tube A and four two-way joints to the frame, but do not secure the top frame now.



Step 3:

Unzip the sauna cover, position the frame at the bottom, then secure the top frame and pull the cover over the top.



Step 4:

Sauna cover is now in place.

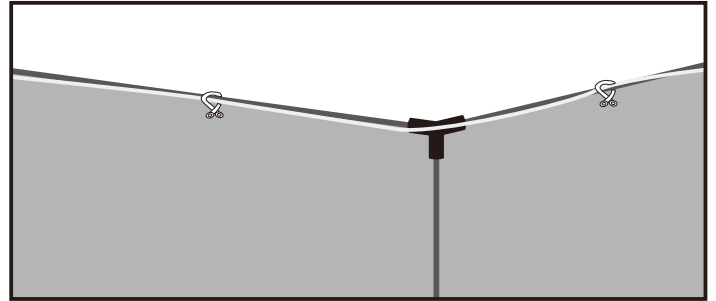


Step 5:

Place the absorbent mat inside the sauna.

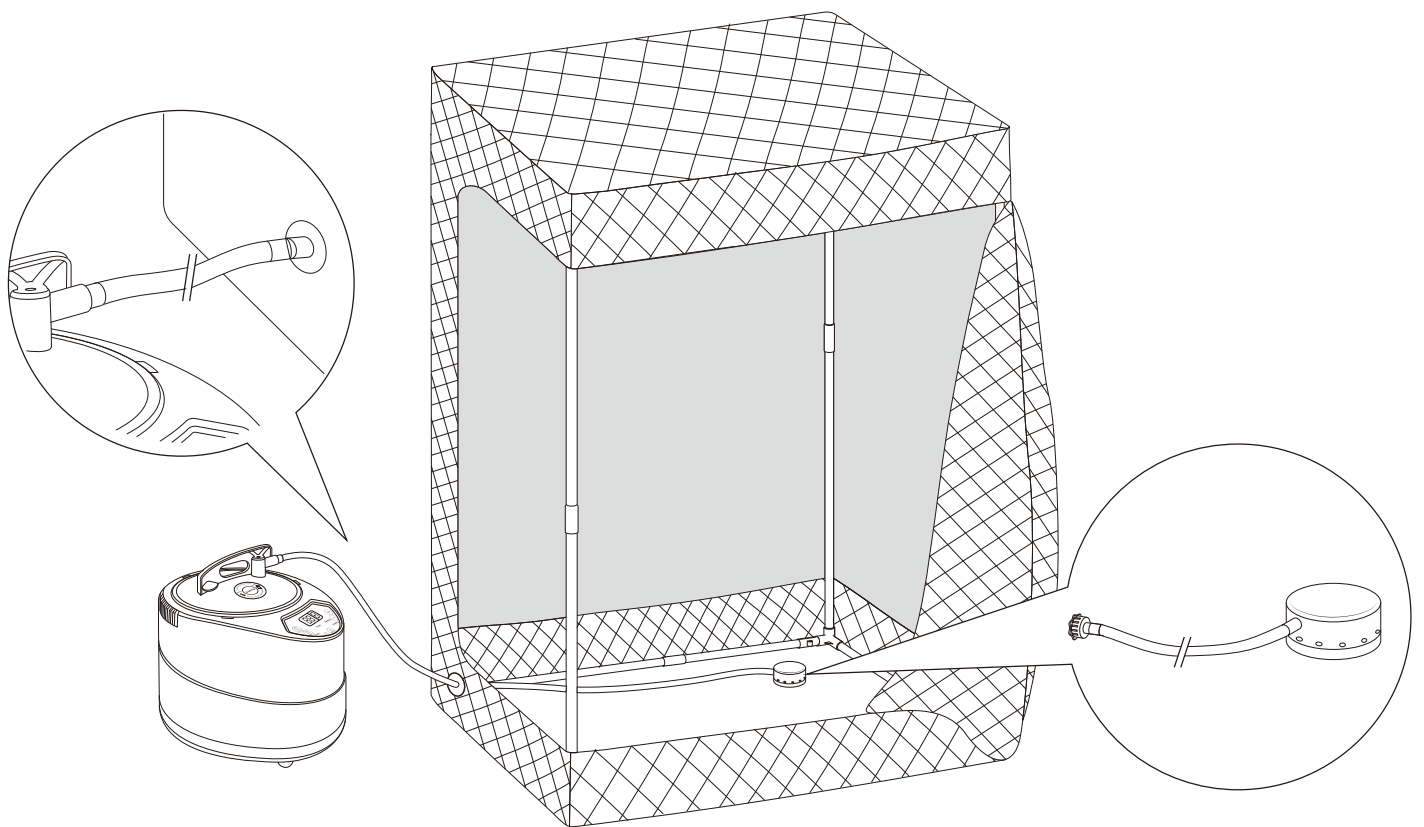
Step 6:

Attach the LED strip light to the top of the sauna using the clips.



Step 7: Connecting the steam generator and box

- (1) Insert the steam pipe into the designated hole at the bottom of the cabin.
- (2) Attach the other end of the steam pipe to the connector on the steam generator outside the cabin.
- (3) Connect the opposite end of the pipe to the steam box (optional: you can add essential oils here) inside the cabin.



Step 8: Start the Sauna

Set up the foldable chair inside the cabin, then zip it closed.

OPERATIONS

Filling Water

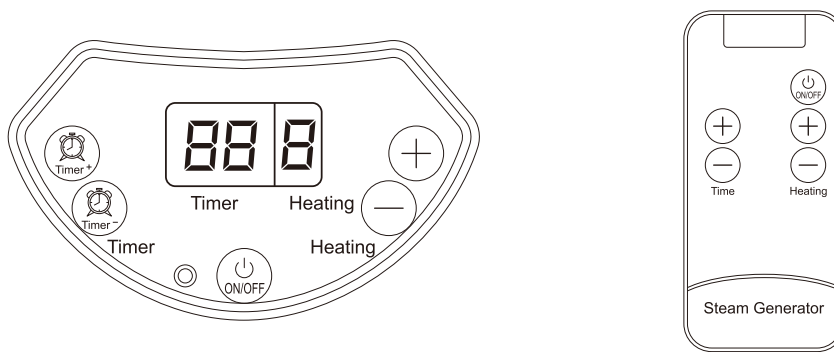
- Rotate the steam generator lid counterclockwise and lift to remove.
- Fill with clean water below the maximum fill line (3L).
- Align lid tabs with the generator slots, place lid, and rotate clockwise to lock.

Connecting to Power

- Plug the steam generator into a properly installed outlet.

Operating

- Steam will begin in around 10 minutes.
- Use the control panel on the steam generator or the remote control:



ON/OFF – Power on/off

Heating +/- – Adjust heating level (displayed on screen)

Timer +/- – Set automatic shutoff time (displayed on screen)

- After use, turn off, unplug, and allow the unit to cool completely before cleaning or maintenance.

MAINTENANCE, CARE AND STORAGE

Cleaning

- Unplug and allow the unit to cool completely.
- Open the steam generator lid and empty any residual water.
- Wipe the cabin cover dry after each use.
- Clean with a damp cloth, then allow all parts to dry completely.
- Do not use aggressive cleaners, metal or nylon brushes, or sharp tools—they may damage surfaces.
- Prevent water or liquids from entering the housing. Never immerse the product in water.

Battery Replacement (Remote Control)

- Remote uses one CR2025, 3V button cell. Replace if unresponsive.
- Turn the remote control off.
- Push the battery tray tab right and pull the tray out.
- Insert a new battery with “+” side facing up.
- Remove and dispose of old batteries per local regulations.
- Slide the tray back until it locks in place.

Storage

- Ensure all parts are fully dry before storing.
- Store in a dry area, away from direct sunlight and out of children’s reach.

TROUBLESHOOTING

ERROR	POSSIBLE CAUSE	SOLUTION
Product does not operate	Power connection loose or outlet defective	Ensure the power cord is securely connected and the outlet functions properly.
	Remote control battery low or depleted	Replace the battery (<i>see Replacing the Battery</i>).
	Steam generator lid not fully closed	Align lid tabs with the slots on the steam generator. Rotate lid clockwise to lock in place.

WARRANTY

San Hima (“Manufacturer”) warrants, to the original purchaser (“User”), that its portable sauna kit, if purchased from manufacturer or an authorized distributor or dealer, will be free of defects in material and/or workmanship, under normal usage from the date sold and for the duration hereinafter provided: **one (1) YEAR**.

This warranty applies only to the original purchaser and only to a San Hima portable sauna kit that is used as intended and in accordance with the user manual. This warranty will not apply if the product is used outside its intended purpose, installed or operated incorrectly, or exposed to conditions beyond its design specifications. This limited warranty is the sole warranty for this product and outlines all obligations of San Hima.

EXCLUSIONS:

This warranty does not cover defects, damage, or failure resulting from:

- Incorrect setup, misuse, abuse, or intentional damage.
- Use inconsistent with the operating instructions, including failure to follow proper heating, ventilation, and safety procedures.
- Alteration or modification by anyone other than San Hima or without San Hima’s written authorization.
- Damage caused by mold, mildew, or odors due to improper storage, insufficient drying, or lack of cleaning after use.
- Damage from extreme temperatures, direct sunlight, improper handling, or neglecting to inspect the unit before each use.
- Exposure to corrosive substances or harsh chemicals.
- Failure to perform reasonable care or routine maintenance.
- Use for commercial, rental, or permanent display purposes.

For best performance and warranty coverage, always operate the portable sauna kit in accordance with the instructions provided.

CLAIMS:

If a San Hima product is suspected of being defective, you’ll need to provide proof of purchase (e.g., a screenshot of the order) and a picture and a video of the damaged goods in their entirety to sales@sanhima.com. If the product is found to be defective and covered by this limited warranty, the remedy is replacement or refund, at San Hima’s option. No charges will be accepted for external labour or materials.